

Athletic Grade Schools Anti-Bullying Contract

The athletic directors of the North Suburban Lutheran Athletic Association (NSLAA) are committed to creating the best possible environment for athletic participants to positively impact their growth and development through a variety of sports. The environment that best produces this is one where everyone feels safe, secure, accepted, and nurtured regardless of color, race, ethnicity, gender, age, family status, popularity, or athletic ability. To meet this goal, there can be no bullying. Bullying in any form will not be tolerated and may result in dismissal from a sports team.

Bullying is defined as intentional, written or electronic aggressive behavior that can take many forms including verbal, physical, social, emotional, and cyber bullying. It can be any combination of these behaviors. Bullying can consist of one athlete bullying another, a group of athletes ganging up on one lone athlete or one group targeting another group.

Bullying can take the form of:

- Physical attacks such as pushing, shoving, hitting, or kicking.
- Taking or damaging belongings.
- Verbal assaults such as name calling, threats, or insults.
- Creating a hostile environment.
- Ridiculing, harassing, intimidating, or repeated teasing.

Bullying can also take on more indirect forms such as:

- Spreading malicious gossip or rumors
- Picking on, making fun or, laughing at another.
- Putting down or demeaning another
- Excluding someone from a social group (social isolation)

Bullying causes pain and stress to victims and is never justified or excusable as “kids being kids”, just teasing or any other rationalization. The victim is never responsible for being a target of bullying.

By Signing this contract I (the athlete) _____ agree:

1. That I will value each player's differences and treat others with respect, dignity, and kindness.
2. That I have read, or had read to me, and understand the language above.
3. That I will not partake in any of the above behavior that has been described as bullying.
4. That I will not use any form of social media (cyberbullying) to engage in any type of bullying behavior.
5. That I may be dismissed from my sports team(s) if I engage in ANY behavior described above either on or off line.

6. That I will honestly and immediately report all incident of bullying.
7. That I support players who have been or who are subjected to bullying.
8. To acknowledge that if I don't report or try to stop bullying behavior, I am just as guilty as the bully.
9. That I will be a good role model for other players and students of my school.

Athlete's Signature

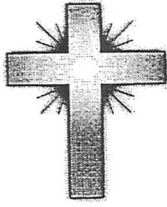
Date

By signing this contract I acknowledge:

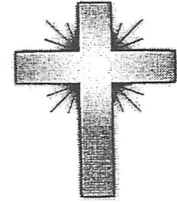
1. That my child and I understand the language above.
2. That I understand that if my child engages in any type of bullying behavior on or off line that my child is subject to being removed from his/her team.
3. That I will not engage in any bullying behavior, either on or off line, or I may be subject to being banned from practices, games, or tournaments.

Parent/Guardian Signature

Date



Parent Code of Conduct



Codes of conduct give everyone a guide to what is expected of us if we are part of an organization, participating in a sport, or as spectators at our child's events.

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: Respect, Responsibility, Fairness, Caring, Trustworthiness, and Good Citizenship. The highest potential of sports is achieved when competition reflects these six pillars.

By signing below I hereby agree that:

- 1- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every practice, game, and tournament.
- 2- I will place the emotional, physical, and spiritual well being of my child ahead of my personal desire to win.
- 3- I will encourage my child to play in a safe and healthy environment.
- 4- I will teach my child that doing one's best, using their God-given abilities, is more important than winning, so that my child will never feel defeated by the results of a competitive event.
- 5- I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
- 6- I will do my best to make elementary school sports fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction, not mine.
- 7- I will encourage my child to treat other players, coaches, fans, and officials with respect, regardless of race or ability.
- 8- I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
- 9- I will teach my child to resolve conflicts without resorting to hostility or violence.

10- I will be a positive role model for my child and other parents and players.

11- I will respect my child's coach and refrain from coaching my child or other players during games and practices because it may conflict with the coach's plan or strategies.

12- I will respect the decisions of officials and their authority during games and tournaments and teach my child to do likewise.

13- I will show appreciation and recognize the importance of volunteers and all school athletic directors.

14- I will support all the opponents in my child's league and respect the rights of all players who participate.

Signature _____

Date _____